

LIVING THE WORD

- ❖ In the 12th Century, the Solemnity of the Body and Blood of Christ (Corpus Christi) was instituted as a response to increased devotion to the Real Presence of Jesus in the Blessed Sacrament. This led to a desire to 'see' Jesus in the consecrated elements. In 1220, in Paris, the practice of elevating the host began.
- ❖ God's journey with his people in the desert involved difficulties, but also showed God's providence and care. You were hungry and I fed you with manna – 'a food unknown to you' (see Ex 16). Providing food is a basic expression of care for your children. It creates a bond. And yet they soon grew tired of this 'manna'. It became taken for granted. How could you reawaken a deeper sense of appreciation for God feeding us with the Word and the Body and Blood of Jesus at Mass? Is it 'normal' or 'special'? How?
- ❖ There were many temples in the city of Corinth. It was normal to take food and offer it to various gods and pledge allegiance to them. St Paul writes this is not to happen with Christians. At the sacred meal (Eucharist) we participate in and receive the Blood of Christ and the Body of Christ. It is not right to then join your body with worship to other 'altars' and 'demons' (1 Cor 10, 21). Is my communion with Jesus real or superficial? Does my lifestyle show I have many 'gods' and 'altars' that I worship at? What change and purification may be necessary in my life?
- ❖ Moses was greatly revered for 'feeding' people with bread from heaven (1st reading). Jesus now replaces Moses and this 'event' with his Body. 'Heavenly Bread' is now replaced with 'flesh'. It is no accident that the words 'flesh' and 'blood' are repeated 10 times in this text. How can this man give us his flesh to eat is a question that leads to layers of questions. Is Jesus a 'man' or the Divine Son of God? Is the real question 'how' can this happen or 'who' is making this promise? Do you believe in these words? This promise? What does the Mass bring into the life of the world and the Church and what does it offer to you personally?
- ❖ Meditate and reflect on these scriptural lines and allow a conversation to begin with God:
 - The bread that I will give is my flesh for the life of the world...
 - My flesh is true food, and my blood is true drink...
 - Unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you...
 - Whoever eats my flesh and drinks my blood remains in me and I in them...
- ❖ Is your experience of the Eucharist one of looking, sitting, getting or becoming? Does it progress from Sunday into Monday...?



Corpus Christi Sunday

One of the youngest members of our community is preparing for First Communion. As I sit and ponder how to talk with her on this sacrament of the Church, I so want to talk such that she understands and such that, what I say, enlightens and excites her. How do I do that?

I go back to my own First Communion. I still remember that time. It may be nearly 60 years ago, but I have never forgotten it. Partly, I remember it because I was so sick that day, but I went anyway that Sunday to mass to be with my classmates. I remember being dressed in my best school clothes and being given a medal and a certificate, which I still have. The important thing was to receive communion for the first time with my class, from the parish school. Now I was just like the bigger people in my life, doing as they did at mass. For me, it was important to join in with them, to be like all the others at church.

Belonging is a key theme to our partaking in the celebration of the eucharist and receiving communion. This belonging goes deep as it comes about through Jesus being with us, in a very real way, just as Sr Maria Goretti was with us, all those years ago. It was belonging through our receiving our friend, Jesus. And why shouldn't I receive Jesus in communion, just like my family and everyone else I knew? It was a natural outcome of our all going together to mass every Sunday.

Yes, it was about belonging, belonging as friends who went to church together. As a child, that big step in belonging and being equal, being up there with all the big people in my life, was ultimately achieved through being able to walk forward with them to receive communion, to receive Jesus, just like everyone else around me. I was now one of them. And why shouldn't I be?

At the age of seven, I did not understand all the big words of mass and church. I knew it was important and special. In receiving communion for the first time, I was treated as special and I knew in some way that I was special. In receiving Jesus in communion, we are assured how special we are before God. And we are not only special as individuals, but special in standing together, through the bond we share with Jesus in communion.

As St Augustine says, "*We are the Body of Christ*". Now isn't that something? I first read this when in the seminary. That line hit me then in the face and has ever stayed with me. I believe it takes a lifetime to take it in and appreciate it. After all, it is more than words. It is a statement of our identity. It is a challenge placed before us, on how to live life as Christians. Life is not some boring, routine task. It is a journey that takes us into the depths of who we are and is lived in loving and giving, while ever receiving graciously from others, with open minds and hearts. Let us live life to the full. Let us be eucharist to a broken world. "*Amen. So let it be.*" **John P Murray osa**

CALENDAR

Monday

June 12
Weekday
2 Cor 1:1-7
Mt 5:1-12

TUESDAY

June 13
St. Anthony
of Padua,
Priest and Doctor
of the Church
2 Cor 1:18-22
Mt 5:13-16

Wednesday

June 14
Weekday
2 Cor 3:4-11
Mt 5:17-19

Thursday

June 15
Weekday
2 Cor 3:15-
4:1, 3-6
Mt 5:20-26

Friday

June 16
Most Sacred Heart
of Jesus
Dt 7:6-11
1 Jn 4:7-16
Mt 11:25-30

Saturday

June 17
Immaculate Heart
of the Blessed
Virgin Mary
2 Cor 5:14-21
Lk 2:41-51

Sunday

June 18
Eleventh Sunday
in Ordinary Time
Ex 19:2-6a
Rom 5:6-11
Mt 9:36-10:8

HOSPITALITY

Communion

We are the Body of Christ. This is who we are as Church. It is our profound mystery that we take and eat, take and drink at Communion. In doing so, we give expression to our identity.

If we are not in communion with the Catholic Church, it makes no logical sense for those to receive because simply, it is not their identity.

If you are Buddhist, from another Christian tradition or just our welcome guest, please feel free to come forward, not to receive communion but to ask for a blessing.

The simple practice of asking for a blessing is through the bodily posture of bowing one's head and crossing one's arms across one's chest when before the minister distributing communion.

If you are a parent with a child not receiving Communion, please take personal responsibility in asking the minister for a blessing for your child.

John P. Murray osa
Pastoral Leader, 10 am Mass Community

Our website:

www.assumptioncathedralbkk.org

PLEASE REGISTER!

For general or pastoral enquiries, please email:
enquiries@assumptioncathedralbkk.org

ASSUMPTION CATHEDRAL

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PASTOR:

Rev. Ignatius Adisak Somsaengsuang

ASSISTANTS:

Rev. Peter Booncharat Suksawang
Rev. Peter Withawat Kaewwaen

MASS SCHEDULE:

Mon-Fri : Thai 06:00 hrs.
Sat : Thai 06:00; 17:00 novena followed by
mass
Sun : Thai 07:00; 08:30 and 17:00 hrs.
English 10:00 hrs.

BAPTISM:

Thai : **First Sunday** during 8:30 am mass.
English : **Second Sunday** during 10:00 am
mass.

CONFESSION:

Sundays : Before all masses (Thai).
English before 10:00 am mass.

CATHOLIC CENTER:

For religious articles, please visit the center opposite
the entrance of the Cathedral.

Opening Hours:

Mon-Fri : 08:30 – 17:00 hrs.
Sat, Sun : Closed
& public holidays

Dear Padre

June 11, 2023

I'm eighty-one. When I received first Communion, the nuns told me not to chew the holy Eucharist, but to let it melt in my mouth. Is it wrong to chew it?

It is permitted to chew the host or to let it dissolve in your mouth. The hosts today must be unleavened and made only of flour and water, making it easier for some communicants to dissolve it in their mouths. Unleavened bread doesn't mold or spoil and is more suitable than leavened bread for exposition and adoration. However, for nearly 800 years, the Church used leavened wheat bread for the Eucharist before unleavened wheat bread was introduced into the Roman rite. Communicants would have had to chew the Eucharist before the modern waferlike host evolved.

Your first Communion instruction on the proper way to consume the Eucharist was an effort to instill in you a deep reverence for the Real Presence of Christ. This profound respect for our Lord in the form of consecrated bread and wine is still desired by the Church. For example, at Mass the priest "reverently consumes the Body of Christ" and "reverently partakes of the Blood of Christ" (*General Instruction of the Roman Missal*, 158). Similarly, "when receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister" (*GIRM* 160). Today's Solemnity of the Most Holy Body and Blood of Christ is a special day for us to remember Jesus' gift of his own body that we might be nourished and strengthened for this life's journey. ●

Fr. Byron Miller, CSsR / DearPadre.org

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HOLY – Belmont Mass
MEMORIAL ACCLAMATION – Belmont Mass
(PLEASE SEE INSERT)

DOXOLOGY (PLEASE STAND)

Priest: Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

GREAT AMEN – Belmont Mass (PLEASE SEE INSERT)

COMMUNION RITE

THE LORD'S PRAYER (No. 387)

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil.

Priest: Deliver us, Lord, we pray, from every evil; graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our saviour, Jesus Christ.

All: For the kingdom, the power and the glory are yours, now and forever.

LAMB OF GOD – Belmont Mass (PLEASE SEE INSERT)

PLEASE KNEEL

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

All: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION HYMN: YOU SATISFY THE HUNGRY HEART (No. 940)

FINAL HYMN: ALLELUIA! SING TO JESUS! (No. 949) (PLEASE STAND)

THE MOST HOLY BODY AND BLOOD OF CHRIST (Year A)
(CORPUS CHRISTI)
Sunday, 11th June 2023

ENTRANCE HYMN: HOLY GOD WE PRAISE THY NAME (No. 615)
PLEASE STAND

INTRODUCTORY RITE

Priest: I confess to almighty God,

All: and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done, and in what I have failed to do;

– and, striking their breast, they say –

Through my fault, through my fault, through my most grievous fault;

Therefore I ask blessed Mary, ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Priest: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen.

KYRIE / LORD HAVE MERCY – Belmont Mass
GLORY TO GOD – Belmont Mass
(PLEASE SEE INSERT)

FIRST READING: Dt 8:2-3, 14b-16a

A reading from the Book of Deuteronomy:

Moses said to the people: "Remember how for forty years now the LORD, your God, has directed all your journeying in the desert, so as to test you by affliction and find out whether or not it was your intention to keep his commandments. He therefore let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers, in order to show you that not by bread alone does one live, but by every word that comes forth from the mouth of the LORD.

"Do not forget the LORD, your God, who brought you out of the land of Egypt, that place of slavery; who guided you through the vast and terrible desert with its saraph serpents and scorpions, its parched and waterless ground; who brought forth water for you from the flinty rock and fed you in the desert with manna, a food unknown to your fathers."

The word of the Lord.

All: Thanks be to God.

RESPONSORIAL PSALM 147: PRAISE THE LORD, JERUSALEM



1. Glorify the LORD, O Jerusalem; praise your God, O Zion.
For he has strengthened the bars of your gates;
he has blessed your children within you. (R)
2. He has granted peace in your borders; with the best of wheat he fills you.
He sends forth his command to the earth; swiftly runs his word! (R)
3. He has proclaimed his word to Jacob, his statutes and his ordinances to Israel.
He has not done thus for any other nation;
his ordinances he has not made known to them. Alleluia. (R)

SECOND READING: 1 Cor 10:16-17

A reading from the first Letter of Saint Paul to the Corinthians:

Brothers and sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.

The word of the Lord.

All: Thanks be to God.

ALLELUIA – Belmont Mass
(PLEASE SEE INSERT)

PLEASE STAND

**All: I am the living bread that came down from heaven, says the Lord;
whoever eats this bread will live forever.**

GOSPEL: Jn 6:51-58

Priest: The Lord be with you.

All: And with your spirit.

Priest: A reading from the Good News according to John.

All: Glory to you, Lord.

Jesus said to the Jewish crowds: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?" Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever."

Priest: The Good News of the Lord.

All: Praise to you, Lord Jesus Christ.

PLEASE BE SEATED

THE APOSTLES' CREED PLEASE STAND

Priest: I believe in God,

All: the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

PRAYERS OF THE FAITHFUL

RESPONSE TO THE PRAYERS OF THE FAITHFUL:
"Lord of glory, hear our prayer."

PLEASE BE SEATED

LITURGY OF THE EUCHARIST

PROCESSION OF THE GIFTS

OFFERTORY HYMN: BLESS THE LORD (No. 620)

PREPARATION OF THE GIFTS PLEASE STAND

Priest: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

All: May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good, and the good of all his holy Church.

THE EUCHARISTIC PRAYER